

## Pre/Post Treatment Instructions Laser Hair Reduction Triton/Duo Light-Duo Dark

### **Contraindications**-please discuss with your provider if any of the following apply:

- Hair removal by lasers or IPL can cause increased hair growth in some individuals. Highest risk for this response are females of Mediterranean, Middle Eastern, and South Asian heritage treating face and neck.
- Pregnant or Nursing
- Active electrical implant/device in any area of the body, including pacemaker or defibrillator
- Permanent implant in the treated area such as metal plates, screws, silicon, piercing, etc.
- History of skin cancers, current condition of any other type of cancer or premalignant moles
- Vitiligo and other skin disorders, eczema, psoriasis, keloid, abnormal healing, sores, rashes, fragile skin
- Impaired immune system, immunosuppressive diseases or medications
- Tattoos or permanent makeup in the area to be treated
- Isotretinoin (Accutane) within previous 6 months, current use of any photosensitive medications
- Any active condition or infection in the treated area
- Tanning during last 2 months, or recent (within 3 weeks) sun exposure to the area without SPF30+

### **Pre-treatment**

- History of oral or genital herpes must use a prophylactic antiviral regimen, please discuss with provider
- No sun exposure or sunless tanner to treated area 3 weeks before and after each treatment
- Discontinue any topical skin irritants 3 days prior to treatment
- Hair being treated should be shaved 1 day prior to procedure. Do not wax, pluck, or chemically remove 6 weeks prior to or between treatments
- Arrive with clean skin. No lotion, makeup, perfume, powders, oils or deodorant in treatment area

### **Post-treatment**

- Use antiviral or antibiotic medication as directed if prescribed
- Aloe or soothing gel may be applied externally if needed
- No sun exposure 3 weeks post treatment, use SPF 30+ if outdoors
- Blisters and burns are rare and should be treated with ointment as prescribed by your provider
- May resume shaving treated area 24 hours after treatment. Do not wax, pluck or chemically remove throughout duration of treatment
- Purging of the hair can occur 1-30 days after treatment, using a washcloth to gently exfoliate will assist in removal of purged hair
- Call the office with any signs of infection, excessive swelling and redness, increased pain, burns, or any other unusual symptoms

I certify that I have read and understand the above contraindications, pre-treatment and post-treatment instructions. I have had an opportunity to discuss with my provider and have answered any questions pertaining to these instructions and my chosen treatment. I agree to follow all instructions to allow for the best outcome. There have been no guarantees made regarding my individual response or results.

Patient Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_